

## **Advantages of Travelling**

There are many ways of spending free time. One of them is travelling. One of the advantages of travelling is to know the world, visiting interesting and different countries and places, meeting new people of other cultures, learning foreign languages, view new customs, try new food and discover different values. Travelling can help you change some of your habits and you can get to know other traditions, too. It can educate, give impressions, nice memories and let make friends. Another good thing is that you become more experienced. Travelling is usually exciting and fun and it gives you the opportunity to disconnect from our regular life.

## **Disadvantages of Travelling**

There are people who don't want to travel for some reasons. Some enjoy the comfort of their homes. Others don't travel for fear, for example they can lose their belongings. Some disadvantages are the high costs of travelling, danger of diseases and naturally not everyone can afford. Most journeys last very long and it can make us feel tired, we miss native places and close people, too.